Unit #1 Title: Finding My Place In The World

**Lesson Title:** How Times Have Changed **Lesson:** 3 of 3

**Grade Level: 5** 

**Length of Lesson:** 30-40 minutes

### Missouri Comprehensive School Counseling Big Idea:

CD.7: Applying Career Exploration and Planning Skills in the Achievement of Life Career

Goals

#### **Grade Level Expectations (GLEs):**

CD.7.B.05: Describe occupational changes that have occurred over time within the six career paths.

#### American School Counselor Association (ASCA) Mindsets and Behaviors:

Career Development

#### Materials (include activity sheets and/ or supporting resources)

Activity Sheet *How Times Change (completed in Lesson 2)* Board, flip chart or other visual media

#### **Show Me Standards: Performance Goals (check one or more that apply)**

X	Goal 1: Gather, analyze and apply information and ideas
X	Goal 2: Communicate effectively within and beyond the classroom
	Goal 3: Recognize and solve problems
X	Goal 4: Make decisions and act as responsible members of society

# This lesson supports the development of skills in the following academic content areas.

# Academic Content Area(s) Specific Skill(s)

	Communication Arts	3. Reading and evaluating nonfiction works and
X		material
		4. Writing formally and informally
	Mathematics	
X	Social Studies	6. Relationships of the individual and groups to
		institutions and cultural traditions
	Science	
	Health/Physical Education	
	Fine Arts	

#### **Enduring Life Skill(s)**

Pers	everance	Integrity		Problem Solving
Cou	rage	Compassion	X	Tolerance

X	Respect	Goal Setting	
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### **Lesson Measurable Learning Objectives:**

The student will interview one worker, compare the information with others' interviews, and write a paragraph describing his/her findings.

### **Lesson Formative Assessment (acceptable evidence):**

# Assessment should relate to the performance outcome for goals, objectives and GLEs. Assessment can be question answer, performance activity, etc.

Using the data collected during their worker interviews, the student will work with a group to compile job changes. At conclusion of all group presentations, the student will write a paragraph interpreting their findings in relation to their future.

# **Lesson Preparation**

# **Essential Questions:**

How is change part of life? Why do you think jobs change?

**Engagement (Hook):** Remind students of the hook from last session and the job changes list.

This was what was said last session...

Counselor tells the class that s/he wants to show them a picture of a really hot car. Counselor holds up the picture of a family from 10 years ago. Counselor asks how many students agree that this is a hot car. (Hopefully, students will not agree.) Counselor explains that this car is from the year they were born. "Do you think this car ran well? Do you think it got people from one place to another? Do you think this car did its job?" Counselor then shows the picture of the new hot car, and repeats the process.

#### **Procedures**

#### **Instructor Procedures/Instructional Strategies:**

- 1. Remind students of the assignment from the last class session... "Each student was given an interview Activity Sheet "How Times Change." Each student interviewed a parent, adult friend or a school staff member. Get out your completed interview Activity Sheet from our last lesson." Students who do not have a completed Activity Sheet, will be asked to work with someone who has the completed Activity Sheet.
- 2. During this lesson, the counselor will ask the students to share the information

#### **Student Involvement/Instructional Activities:**

1. Pair students who returned the completed Activity Sheet with those who do not have a completed Activity Sheet.

2. Students will offer information that they gathered in their interviews.

gathered during their interviews.

- 3. In groups, students will develop a graph representing group data (see Lesson Assessment). Positive changes will be recorded on chart paper/chalkboard.
- 4. Counselor relates that in their futures jobs will continue to go through many changes, and that it will be important for them to be open to change, understanding that change can lead to better things.
- 3. Students will be encouraged to comment on those changes and their impact on the jobs. Students will organize and analyze data.
- 4. Students will write a paragraph relating future changes to their own future.

# **Teacher Follow-Up Activities**

Teacher might remind the students of their discussion after the last guidance lesson when he or she shared the many changes in teaching in recent years. The students who didn't have an opportunity to complete the "How Times Change" sheet will be given one to take home and complete with an adult family member or friend. The student will have the opportunity to share the results with the teacher/counselor when they return the Activity Sheet is returned.

Counselor reflection notes (completed after the lesson)				

Name		
	How times change!	
Name of p	erson interviewed:	
Place of en	nployment/job:	
	as your job changed over the past 10 years? How hed in your job?	as technology
2. How ha	ave these changes influenced/improved your job?	
	ave these changes affected you? Did you need more ppened?	e training? What

4. How do you know when you have done your job well? How does it feel?